

Addendum 3

Chart of Educational Classes

Topic	Class Titles Offered (highlights indicate OPP-funded resources)
<i>Parenting and family</i>	Healthy Steps for Teen Parents, The Dad Difference, Understanding Pregnancy, Understanding Birth, Going it Alone, Ultrasound-Window to the Womb, Bonding with Your Unborn Baby, From Conception to Birth, The Second Trimester, Looking at Adoption, Your Unborn Baby's Secret World, The Baby Human, The Third Trimester, Eye Contact Means Love, Infant Temperament, The Importance of Bonding, Infant Massage, Talk/Play/Music/Reading, Your Baby Can Sleep, Discipline, Your Baby's Development, Postpartum, Toilet Training, Happiness, Ready to Learn, Returning to Work, 9 to 12 Months/12 to 15 Months/15 to 18 Months/18-24 Months/24-36 Months, Child Development, Help Me Grow series, Become a Better You series, Job Readiness/Money Management, Positive Social Skills, Starting Pregnancy Right, Social Media, Human Trafficking, Positive Discipline, Single Parenting that Works, 24/7 Dads ®
<i>Infant/child safety lessons</i>	Newborn Care, Quality Child Care, First Aid Accidents, First Aid Illnesses, Preventing Child Sexual Abuse, Car Seat Safety, Love Your Baby (Prenatal Nurturing Parent) series, Family Violence and Impact on Children, Surviving Infancy: Toddler Emergencies, Preventing Abusive Head Trauma, Domestic Violence, Family Violence: The Impact on Children, Smarter Adults Safer Children (Child Molestation),
<i>Mother and child nutrition education</i>	Unborn Addicts, Crystal Meth, Fetal Alcohol Exposure, Fetal Alcohol Syndrome and Other Drug Use During Pregnancy, Prenatal Care/Eating for Two, Goals and Benefits of Breastfeeding, Getting Enough Milk, Growth Spurts and Essentials, Techniques and a Good Latch, Childhood Nutrition: Preventing Obesity series, Understanding Prenatal Nutrition, Simply Breastfeeding
<i>Infant Mortality Reduction</i>	Smoking and Your Developing Baby, 7 Steps to Reducing the Risk of SIDS, Shaken Baby Syndrome, You Can Quit (Smoking Cessation)